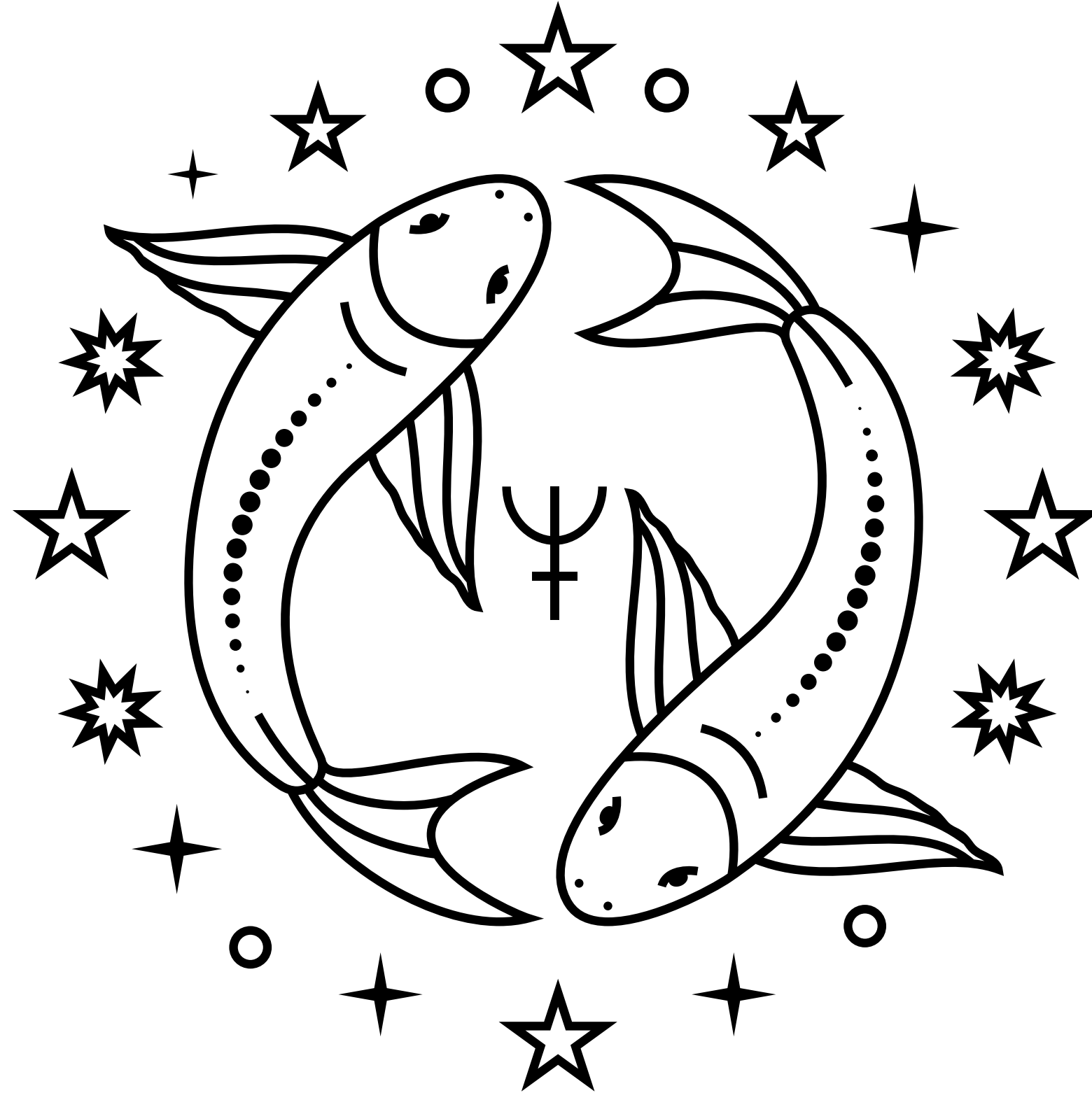


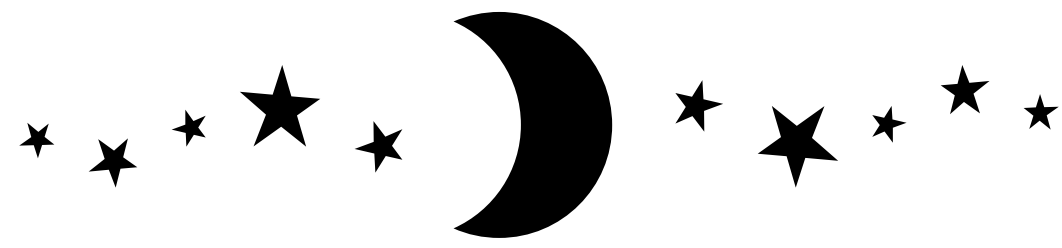
# NEW MOON PISCES

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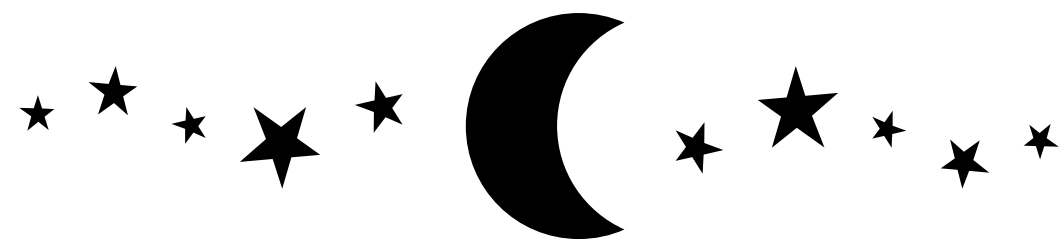
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MOON GUIDE



“With a clear vision  
and connection to the divine,  
I trust the Universe  
will bless me with what’s mine.

I ask for endings,  
healing, magic and love.  
I will do the work below,  
as you do it above.”





Thank you so much for downloading this New Moon guide. As we explore the energy of this New Moon, we will face some dark aspects of ourselves only to discover where the light is shining on our transformation. We need to acknowledge the heavier emotions in order to feel what we need to heal. Then, they become integrated within us giving us back our power of wholeness.

It's recommended that you print this guide and put pen to paper to complete it. Pen to paper is a powerful form of magic as we funnel the energy from within and bring it into reality. This will help you process your thoughts and emotions much quicker. It is also recommended that you trust your intuition and continue with your own New Moon manifesting practices. You hold all the knowledge within you. There is no right or wrong way!

Please keep this completed guide in a safe place for you to reference back to in the months to come. With each moon event, we are building long lasting foundations to build off of for years to come.

Although you may be eager to jump into this Moon Guide and get started, it's highly recommended you wait until a day or two **BEFORE** the actual Moon event. We need to be **IN THE MOON ENERGY** in order for that part of your unconscious self to become triggered and activated to do the shadow work this **MOON GUIDE** is designed to help you to do.

It's best to preform the **MOON ACTIVITY** the **NIGHT OF** the moon event, however we have a 3 day window post moon event to still align with the energy.

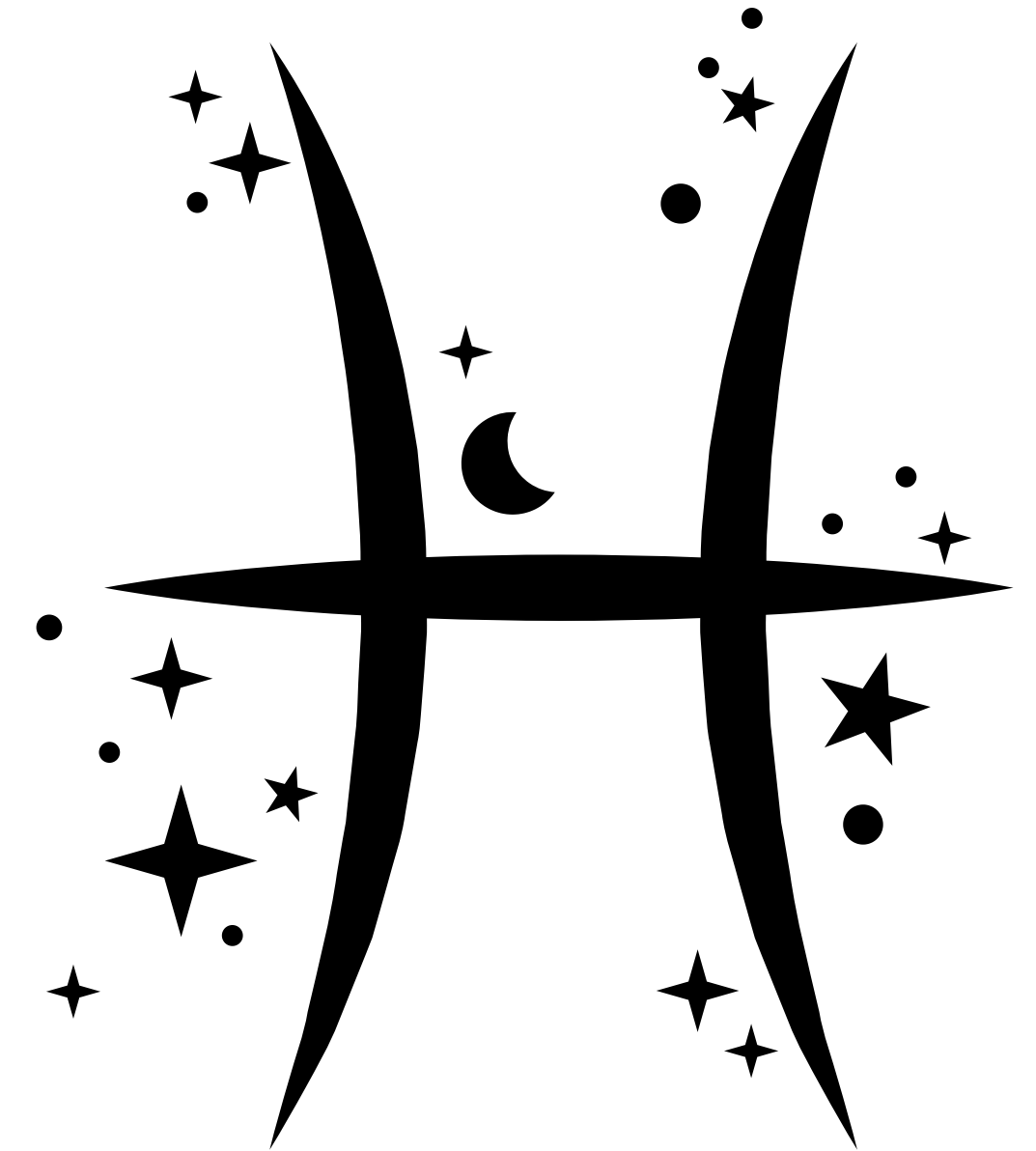
New Moons take place when the Sun and the Moon are in alignment in the cosmos causing an empowerment of the energies. The Moon is not visible as it is in its dark phase leaving us to sit with ourselves and the darker thoughts and emotions that might arise.

It's a time when we are between cycles ending and new cycles beginning. It's a bittersweet time as we let things go to make room for new things to enter. Whatever we've been working to manifest since the last New Moon is now coming to an end as we've exhausted our efforts, overcame challenges, and are now revising what we need to do from here.

The dark/new moon is a time for quiet reflection, where we can rest, recharge, refocus, and get ready to reset. New Moons are a time of realizing what we need to step away from, release, surrender to, and to prepare to shift our thoughts and emotions onto what our next moves will be.

We tend to struggle in the days prior to a new moon as we sit in the darkness of our experiences and take stock of what we never want to experience again.

It is recommended that we finish projects and tie up loose ends, and mentally prepare for endings and closures. Cleanse your space energetically and physically with every moon event. In doing so, we can get connected to the natural flow and rhythm of the cosmos by engaging in vision and alignment work which this guide should assist you with.



*Pisces*



As the Moon loses its light, and becomes one with the darkness, our emotions - especially the darker ones - rise to the surface of our awareness. New Moons make us sit with all the things that have gone unacknowledged; thoughts, ideas, memories, and emotions that are alive and well just below the radar of our attention. As we approach the New Moon, pay attention to the darker emotions that are coming up for you. Connect them to cycles and lessons that the Universe is trying to help you learn.

**IN THE DAYS LEADING UP TO THE NEW MOON WHAT TOPICS/THEMES/EMOTIONS HAVE BEEN CENTER STAGE?**

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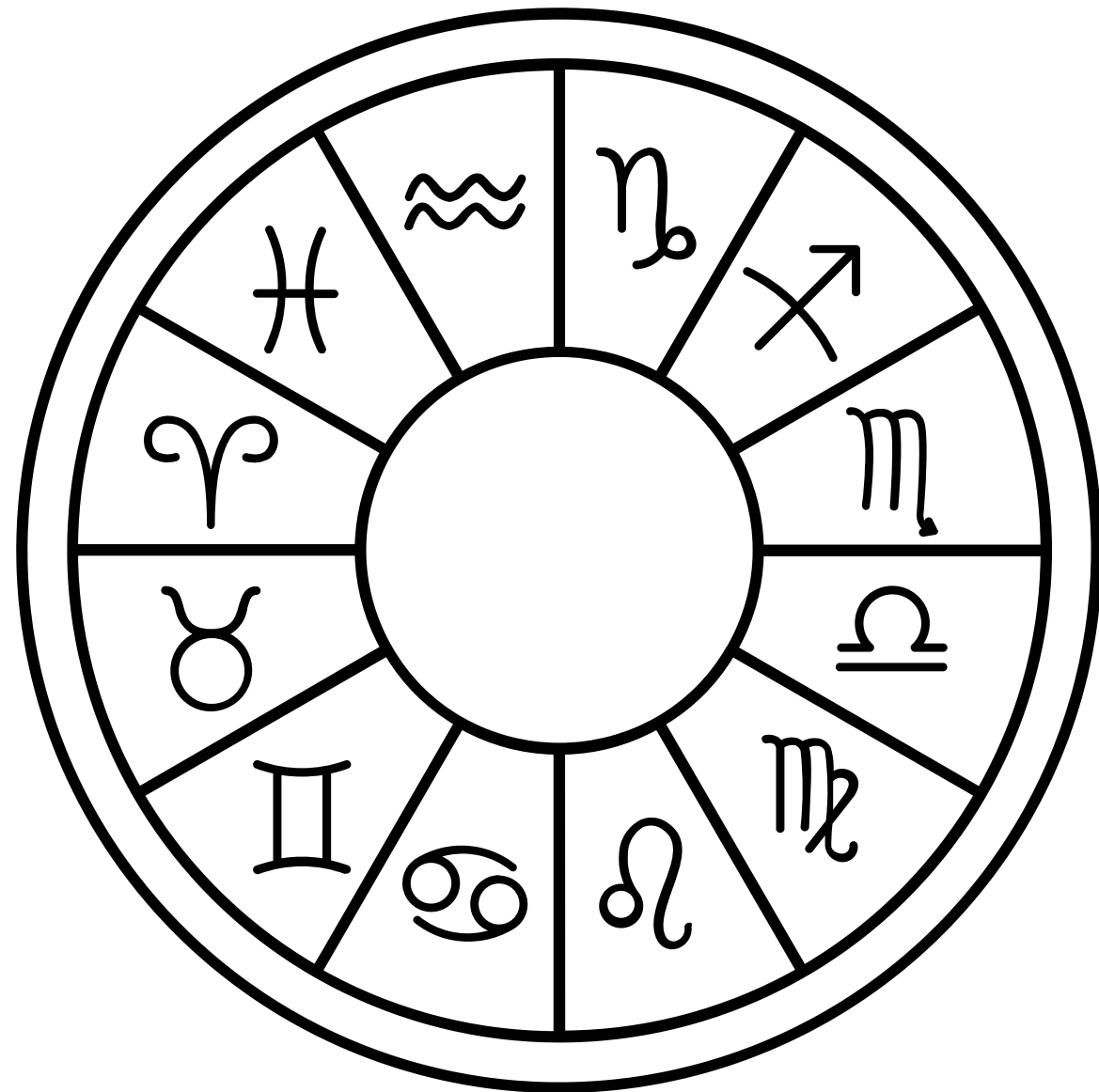
Pisces energy is ruled over by Neptune (modern day ruler) & Jupiter (traditional ruler). Neptune rules over dreams, creativity, spirituality, karmic cycles, and our soul self. It's focus is on spiritual healing and providing endings and beginnings. Jupiter rules over our spiritual growth, expansion, big picture ideas, positivity and confidence.

As the modern ruler, Neptune helps us focus on our oneness with all that is. It helps us face our shadow self in order to heal those parts, integrating back into one complete whole. Pisces is represented by two fish, the divide with ourselves, the constant ebb and flow of experience and the cyclical nature of the cosmos. Pisces is a water energy ruling over our emotions, intuition, dreams, subconscious, and our soul self.

Pisces energy encourages us to dream a bigger dream, to allow the creative juices to flow, to connect to our higher selves and the divine source to realign with our soul's mission and purpose.

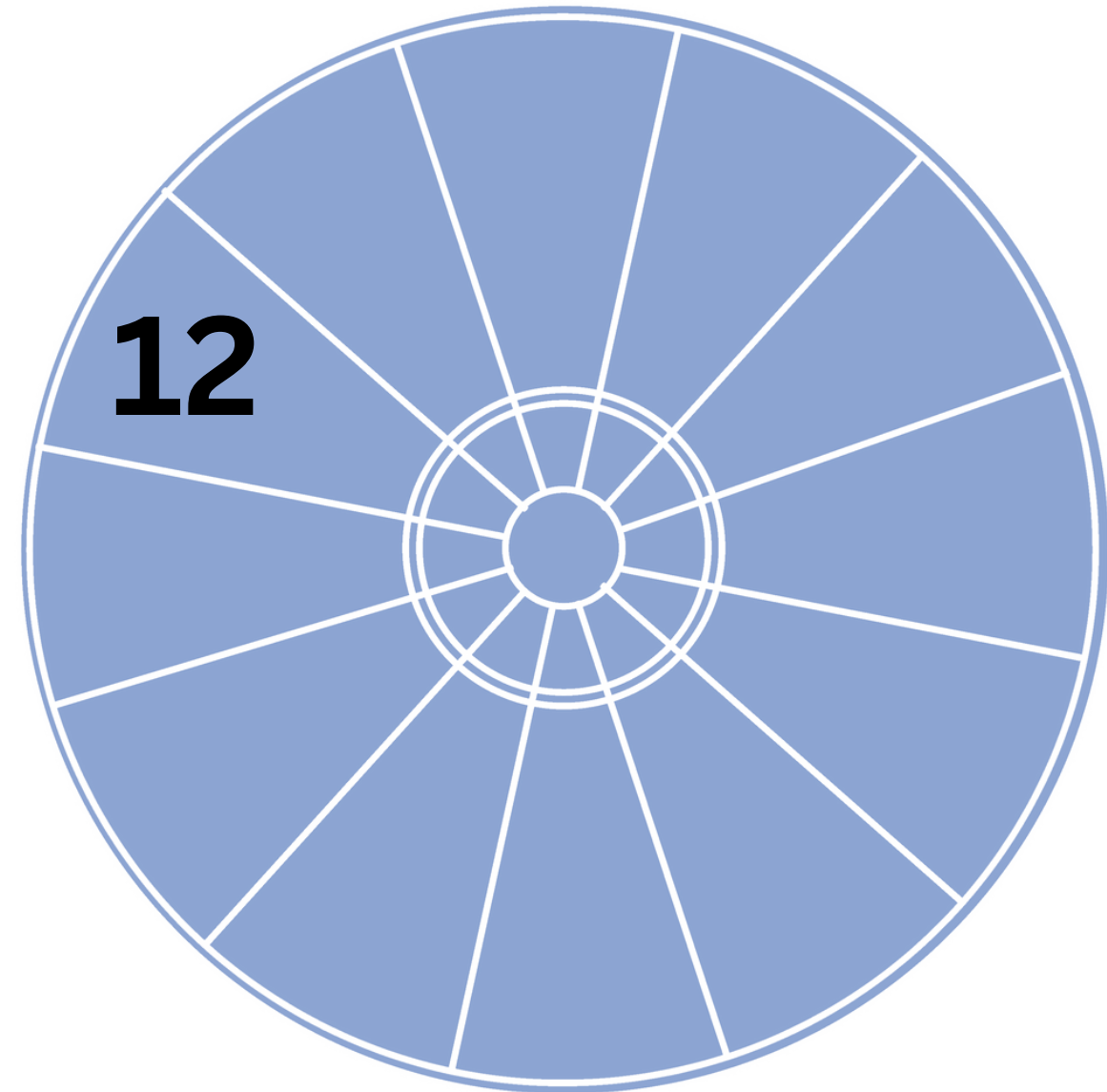


**WHAT AREA OF YOUR BIRTH CHART IS RULED OVER BY PISCES?**



THIS IS WHERE THE NEW MOON IS GOING TO SHOW YOU WHERE NEW DREAMS NEED TO BE PURSUED AFTER THE PAIN AND STRUGGLES OF THE LIFE LESSONS YOU'VE JUST GONE THROUGH ARE REALIZED. WHERE HAVE YOU GAINED STRENGTHS FROM YOUR WEAKNESSES?

**WHAT SIGN RULES OVER YOUR 12TH HOUSE IN YOUR BIRTH CHART?**



THIS IS WHERE PISCES NATURALLY RULES AND CAN INDICATE WHERE YOU HAVE SOME EMOTIONS TO PROCESS AND LET GO OF BEFORE YOU CAN MOVE ON.

# NEW MOON IN PISCES @ 20\*17'

## WATER ENERGY:

EMOTIONAL/INTUITIVE/SPIRITUAL  
CLEANSING/TRANSFORMATIVE

## MUTABLE ENERGY:

CHANGE/REDIRECT/IMPROVE

## EXPLORATION:

FEARS VS. DREAMS  
PAST VS. FUTURE  
PAIN VS. HEALING

## ENDINGS NEEDED:

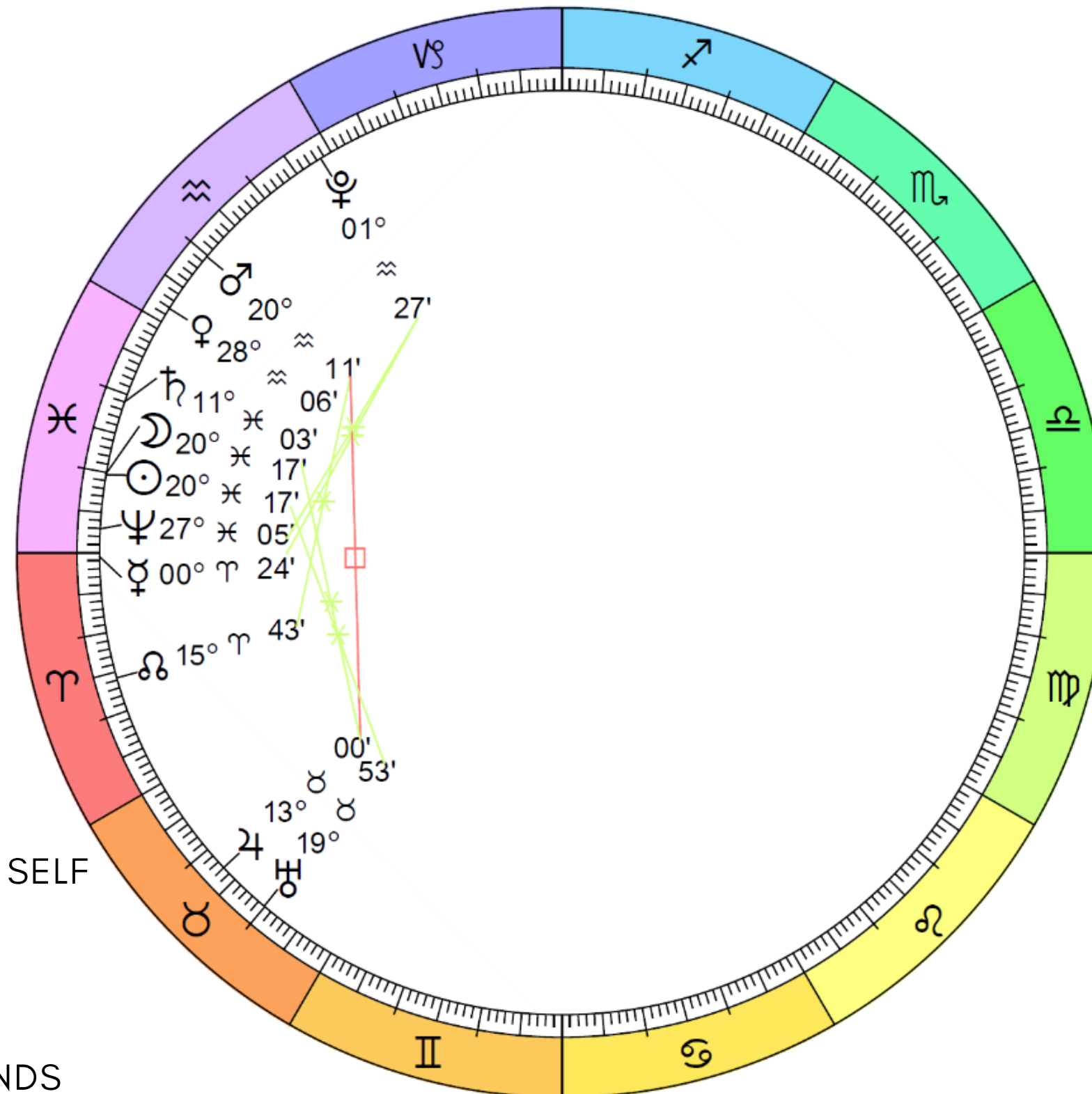
OLD NARRATIVES/BELIEFS  
PROGRAMMING

## NEW GOALS/VISION/DREAMS:

PASSION PROJECTS/NEWEST VERSION OF SELF  
POSSIBILITIES

## PERSONAL COURAGE/BRAVERY:

TO NOT ACT/REACT OUT OF FEAR/WOUNDS



## Neptune & Jupiter ruled:

Blend our intuition &  
imagination with our options &  
opportunities for growth &  
expansion.

**Changing** our minds, ideas,  
dreams and emotions to align  
with a new perspective and  
opportunity to level up and  
improve.

**Observing** what is coming up  
for acknowledgement and  
integration and releasing it as  
it cleanses us of heavy  
emotional/karmic weight.





Pisces is a water energy. Water energy transforms us, cleanses us, and connects us to our higher self. Unlike its other water friends; Cancer and Scorpio, Pisces energy is all encompassing. It is the collective unconsciousness, the soul cycle and the karmic wheel we all live by.

Pisces energy is spirit based, fluid, and healing. It's when we connect with the divine, heal ourselves, and embrace our imperfections to rebirth ourselves into new cycles and lessons as a new vibration and frequency.

It is the infinite of possibilities, connected to everything, yet bound to nothing.

Because Pisces follows Aquarius in the zodiac wheel - where we gain a vision for the future, where we rebel against and bust free from the restrictions that are holding us back - Pisces takes our vision into our heart and soul to see if it aligns with the purpose we are driven to fulfill within our soul's mission.

Pisces energy forces us to lean all the way in and rely on our intuition. We get to test our faith in trusting that the Universe has a bigger plan for us to be apart of. A great amount of healing takes place when we get ourselves aligned and in agreement, mind, body, and soul.

**WHAT KIND OF DEEP DARK EMOTIONS ARE EXHAUSTING YOU AND SUCKING THE LIFE OUT OF YOU?**

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**WHAT KIND OF MENTAL AND EMOTIONAL SHIFTS ARE TAKING PLACE WITHIN YOU DUE TO THE INFLUX OF NEW INFORMATION AND DETAILS BEING REVEALED?**

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**WHAT ELEMENTS IN YOUR LIFE DO YOU FEEL ARE BLOCKING YOU OR HOLDING YOU BACK FROM MOVING FORWARD?**

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**IF THERE WERE NO BOUNDARIES OR OBSTACLES IN LIFE SUCH AS MONEY, EDUCATION, RESPONSIBILITIES, ETC. WHAT WOULD YOU BE DOING WITH YOUR LIFE?**

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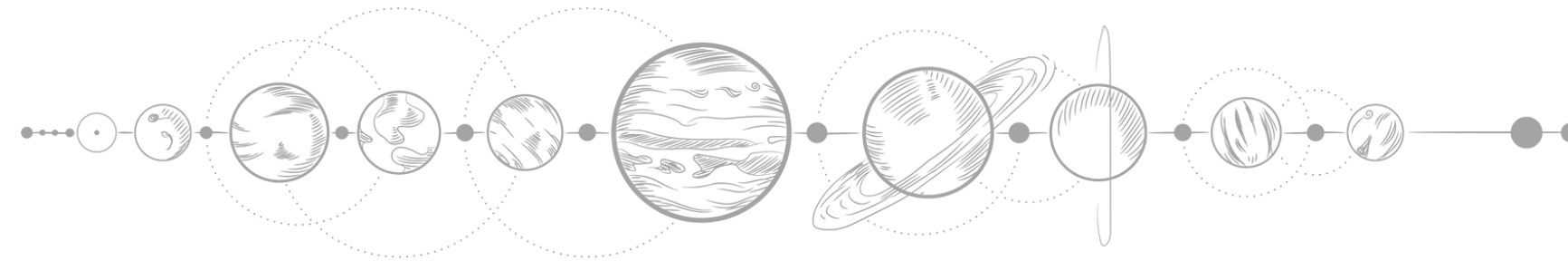
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# PLANETARY ASPECTS



Positive aspects in astrology (**CONJUNCTIONS**: a blend of energies concentrated on one area of focus or change; **SEXTILES**: a merging of energies to create new form; & **TRINES**: a gentle nudge of growth and transformation towards change) help support us in making changes and growing and evolving without much effort on our part. It happens naturally and organically and supports us without our awareness.

Negative aspects in astrology (**OPPOSITIONS**: highlight tension and conflict to make a decision/choice & **SQUARES**: battle out the old versus the new) in order for us to see where we're resisting change. It makes us feel uncomfortable so that we recognize what we no longer want to feel/experience so we will create an alternative that would be more pleasing.

**POSITIVE ASPECTS**

USE THE SPACE PROVIDED TO JOT DOWN AND CAPTURE THE FIRST THOUGHT THAT COMES TO MIND WHEN READING HOW THE ENERGY ASPECTS MANIFEST AND HOW IT CONNECTS TO YOUR LIFE AT THE MOMENT

**Sun + Moon in Pisces SEXTILES Uranus CONJUNCT Jupiter in Taurus**

A NEW CYCLE AND AWARENESS OF SUDDEN CHANGE, AN OPPORTUNITY FOR GROWTH AND REALIGNMENT, A "SENSE OF KNOWING" WHAT DIRECTION TO NOW TAKE

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**Mercury in Aries CONJUNCT Neptune in Pisces SEXTILES Pluto in Aquarius**

A REALIZATION OF NEW IDEAS, VISION, DREAMS, THAT IS REIGNITING A SPARK OF PASSION OR EXCITEMENT AS WE FEEL EMPOWERED TO TAKE CONTROL AND MAKE THINGS HAPPEN

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**POSITIVE ASPECTS**

USE THE SPACE PROVIDED TO JOT DOWN AND CAPTURE THE FIRST THOUGHT THAT COMES TO MIND WHEN READING HOW THE ENERGY ASPECTS MANIFESTS AND HOW IT CONNECTS TO YOUR LIFE AT THE MOMENT

**Mars in Aquarius SEXTILES the North Node in Aries**

USING EITHER EXCITEMENT & INSPIRATION, OR ANGER AND FRUSTRATION TO FUEL THE FIRE NEEDED TO MAKE A GREAT CHANGE IN DIRECTION

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**Sun + Moon + Neptune in Pisces**

A NEW LEVEL OF TRUSTING YOUR GUT AND TAKING A LEAP OF FAITH AS WE RENEW/RESTRENGTHEN OUR CONNECTION TO OUR HIGHER SELVES AND THE UNIVERSE

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## NEGATIVE ASPECTS

USE THE SPACE PROVIDED TO JOT DOWN AND CAPTURE THE FIRST THOUGHT THAT COMES TO MIND WHEN READING HOW THE ENERGY ASPECTS MANIFESTS AND HOW IT CONNECTS TO YOUR LIFE AT THE MOMENT

### **Mars in Aquarius SQUARES Uranus in Taurus**

### **ADDITIONAL NOTES:**

DISRUPTION AND UPHEAVAL NECESSARY TO PUSH THE OLD INTO COLLAPSE WHILE BUILDING ENERGY TO CREATE NEW IN THE PLACE OF THAT WHICH IS ENDING

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# MOON ACTIVITY



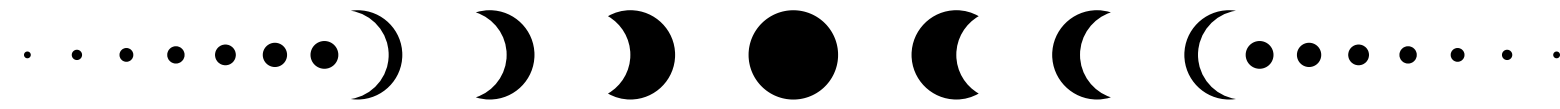
For this activity you'll need two pieces of paper, tape, coloured pencils or markers, a lighter, and a fire safe container. On each piece of paper you'll need to draw yourself – stick people are just fine! On one piece of paper, write shadow, on the other write light.

On the shadow piece of paper, I want you to think about all the bad, dark, and negative emotions you've been feeling lately. Lose yourself in loss, grief, guilt, shame, hate, sadness... whatever the emotions are for you. Then, grab colours that would represent those emotions and colour in what your aura must look like when feeling those dark feelings.

On the light piece of paper, think about all the new dreams and goals you have for yourself. Think about new love entering into all you do; your relationships reaching new levels of love and connection; your heart feeling the happiness and joy of the reality you are looking to manifest; the creativity and power as it courses through your veins thinking about your ideal life and what that looks like and how it feels. Then, grab some colours and colour in what your aura would look like feeling those feelings.

You'll probably see a dramatic difference in comparing the two. The shadow likely has harsh lines, deep, dark colours, and very rigid in the markings. The light will have light strokes, lighter and brighter colours, and more fluidity. These are two very different versions of the energy you embody.

Take both pieces of paper and fold down the centre of them splitting "yourself" down the middle. Now tape the two together bringing the "shadow" self and the "light" self together as one whole figure. Once you have a taped together the two parts of you now as a whole, draw a heart around yourself making sure you join both sides of you in the middle. Colour the heart in.



Now you're going to fold yourself up and say:

**The light and the dark,  
Together I merge.  
To unify as one,  
For the power to surge.  
There is no divide,  
Between the dark and light.  
The dark part of me,  
I'll no longer fight.  
There is more power,  
Unified as one.  
Closing old chapters,  
As new cycles have begun.**

Take this folded "you" out under the night's sky  
and light on fire in a fire safe container.  
As the paper burns, say:

**I release the old,  
I invite the new.  
I'll dream a bigger dream,  
As one power, not two.  
I envision new life,  
Sparks, love & goals.  
I open my heart,  
To meeting new souls.  
I create magic,  
Each & every single day.  
By my actions,  
What I think and say.**





**Grant me the power,  
Strength and grace.  
To hold a new vision,  
To create a new space.  
Let new love, luck,  
And blessings find me.  
Align me with purpose,  
And so it will be!**

Return the ashes to the earth and thank the Universe.  
Cleanse yourself and your space with sage, lemongrass, or  
whatever incense you may have.

You can also use vibrations to cleanse your space (drums,  
music bowls, rattles, chimes).

Fall asleep holding the vision you want to manifest in your  
life and awake the next morning knowing that the Universe  
received your request.



**Thank you so much for taking the time to invest in yourself and in your future. You are magic and creating magic with the  
Universe is the most powerful relationship you'll ever have!**